

# Born Beautiful LFCF Workshop Series

The Love Centre

https://www.lovefamilychristianfoundation.org/born-beautiful-lfcf

**Calling teen-age girls age 13-17**



Leadership Team Building/Learning

Confidence Changemaker

Self-Esteem Community Engagement

Peer to Peer Relationship Empowerment

Problem Solving Critical Thinking

Come Discover the Gift Within

What are you planning to do this summer? Would you like to be a part of an empowered group of peers becoming all that they can be?

* Come join the #Born Beautiful LFCF to discuss how to celebrate your beauty within by exploring who you are.
* #Born Beautiful Workshop Series empowers teens to reach higher, dig deeper and gain self-confidence to discover the greatness within.
* #Born Beautiful LFCF series will equip girls with leadership skills, communication skills, problem solving and critical thinking skills.
* The program runs for eight (4) weeks. It is important to attend every class to receive benefits to the fullest measures.
* Participants will receive a Certificate of Leadership Excellence upon completion of the course.
* The scheduled time for each session is from 9:00 a.m. to 12 p.m. Attendance in nutritional, intellectual and physical training is required.



#Born Beautiful LFCF

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City:\_\_\_\_\_\_\_\_\_\_\_\_\_ State:\_\_\_\_

Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s First Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent’s Last Name:\_\_\_\_\_\_\_\_\_\_\_\_

Contact Person in case of emergency:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Relationship:\_\_\_\_\_\_\_\_\_\_\_\_

Contact Person’s phone number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Allergies:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Meds:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What do you like to do most:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Which activities are you interested in? Choose as many as you like.**  |
| Art | \_\_\_\_\_\_\_\_\_ | Entrepreneur | \_\_\_\_\_\_\_\_\_ | Running | \_\_\_\_\_\_\_\_\_ |
| Beauty Pageants | \_\_\_\_\_\_\_\_\_ | Etiquette | \_\_\_\_\_\_\_\_\_ | Signing | \_\_\_\_\_\_\_\_\_ |
| Communications | \_\_\_\_\_\_\_\_\_ | Fashion | \_\_\_\_\_\_\_\_\_ | Singing | \_\_\_\_\_\_\_\_\_ |
| Community Action | \_\_\_\_\_\_\_\_\_ | Film and Production | \_\_\_\_\_\_\_\_\_ | Spoken Word | \_\_\_\_\_\_\_\_\_ |
| Dancing | \_\_\_\_\_\_\_\_\_ | Health Fitness | \_\_\_\_\_\_\_\_\_ | Sports Fitness | \_\_\_\_\_\_\_\_\_ |
| Doctor (Medical) | \_\_\_\_\_\_\_\_\_ | Gardening | \_\_\_\_\_\_\_\_\_ |  |  |
| Drama | \_\_\_\_\_\_\_\_\_ | Innovation | \_\_\_\_\_\_\_\_\_ |  |  |
| Entrepreneurship | \_\_\_\_\_\_\_\_\_ | Photo Journalism | \_\_\_\_\_\_\_\_\_ |  |  |

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Parents, by signing this document, you are indicating you have read, understood, and support this great cause to build and empower these young ladies to become the best they can be. Students, by signing this document, you are committing to exploring all that is meant for you by attending all events.

Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Relationship: \_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_

Participant’s Signature: \_\_\_\_\_\_\_\_\_\_ Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_